Walter Reed Bethesda Internal Medicine Wins Navy-wide Doctor’s Dilemma!!

On 12-13 JAN in Portsmouth, VA, the Navy Chapter of the ACP held its annual meeting, bringing together Navy internists from across the globe in a fantastic forum to exchange experiences and knowledge.

Meet the Doctor’s Dilemma (Medical Jeopardy) Team who returned the coveted Admiral’s Cup to the Walter Reed Bethesda (L-R): LTs Paul Happel (R2), Jeff Gray (R1), and Ben Kurth (R3).

WRB IM Team also nearly swept the scientific abstract competitions, earning 1st Place for Research Podium and taking all 5 resident poster awards for research and clinical case reports.

Admiral’s Cup Returns to Walter Reed Bethesda

For more details, see page 8

"People First, Mission Always"

IM Team Provides Patient-Centered Care When It Matters Most - A beautiful note from a family who lost a very young soldier in his battle with cancer...

Excellence Every Day for Every Patient – “Urgent need to transfer patient” exemplifies all that we strive to achieve as a teaching hospital

Efforts of Endocrinology Reflected in Dozens of Research and Educational Products
Resident Abstracts Accepted for Presentation

American Thoracic Society (ATS) 2017 International Conference

Congratulations CPTs Noah Choi, Daren Yang, and David Zusin on your abstracts being accepted for presentation at the ATS conference in May.

A big thank you to mentors Dr. Patrick W. Kicker and Dr. Robert Browning for working with Dr. Choi this abstract.

Abstract: "Extrinsic Airway Compression Secondary to Histoplasma Mediastinal Granuloma"
Authors: N. Choi, P.W. Kicker, R. Browning; Walter Reed National Military Medical Center - Bethesda, MD

Abstract Body Introduction: Syndromes associated with mediastinal histoplasmosis manifest as a spectrum of disease and are often asymptomatic and subclinical. This case highlights a patient presenting with a symptomatic mediastinal granuloma secondary to Histoplasma capsulatum infection...

To read the full abstract: https://learning.usuhs.edu/x/RJIR1f

Dr. Yang also presented “A Case of Positive Pressure Ventilation in Bullous Lung Disease” and Dr. Zusin had accepted abstracts entitled “Correlation of Lung Function Measurements to Assess Small Airway Disease” and “An Atypical Presentation of Necrotizing Fasciitis.” Mentors for Dr. Zusin included Dr. Billy Harner and Dr. Andy Philip from Pulmonary and Critical Care Medicine.

Congratulations, Noah, Daren and David!

The Rheumatology Service Hosts Citywide Rheumatology Grand Rounds

ON MAR. 16th The Rheumatology Service hosted Citywide Rheumatology Grand Rounds with fellows and staff from the NIH, George Washington, Children’s and Washington Hospital Center with presentations by CPT Nancy Sein, MAJ Patrick Mastin and CPT Wayne Bailey.

MAJ Patrick Mastin: "What Lies Beneath: ANCA Associated Glomerulonephritis Masquerading as Scleroderma Renal Crisis"

CPT Wayne Bailey: "A Case of a Swollen Arm"

CPT Nancy Sein: "Small but Powerful: Parvovirus B-19 Arthritis in Adults and the Clinical Significance of Persistent Parvovirus DNA in Synovial Aspirates."

Case Report Fellow and Staff Competition

CPT Wayne Bailey, Rheumatology Fellow, is a finalist for the Case Report Fellow and Staff Competition. “Atypical Presentation of Polymyalgia Rheumatica: A Case of Puffy Arms Unraveled with Novel Advanced Imaging”

We had a variety of interesting cases with novel diagnostic and therapeutic approaches. The degree of participation reflects on our strength in clinical medicine.

The four finalists were invited to give a five minute oral presentation at their posters on 3 May 2017. A second team of judges will select a single winner. We will provide you with a detailed schedule in the next few weeks.

On behalf of DRP, we thank everyone for their participation and urge everyone including the finalists to prepare a poster for display and to try and come for a few of the oral presentations.

Congratulations to everyone for a job well done.

v/r,

Wendy B. Bernstein, MD
Staff, Hematology Oncology
**CARDIOLOGY**

**Walter Reed Bethesda Cardiology team highlights team-based care**

ACC 17 was held 17-19 Mar., 2017 in Washington DC. For Meeting coverage, and quick links: http://www.acc.org/acc2017? _ga=1.91559513.2138251635.1491576244
A really great couple of moments at the recent American College of Cardiology (ACC) 2017 Meeting here in DC.

COL Todd Villines (top photo: right) gave at the National ACC meeting on team-based care in the Military Health System following his talk, he organized and led a Q &A panel on the topic. The panel consisted of Stacy Walsh-Pouch (NP, Cardiology Heart Failure Clinic), Carolyn Bodner, (NP Cardiology Electrophysiology Service), Cathy Franklin (NP, Cardiology Heart Failure Clinic) and COL Villines.

Cardiology Nurse is selected as an Associate member of the American College of Cardiology.

RN Joyce Bryant (bottom photo: right, posing with ACC president Dr. Mary Norine Walsh), who has been a fixture in cardiology for years and has 45 years of government service, was selected as an Associate member of the ACC.

**INTERNATIONAL MEDICINE**

**World Renowned**

Internal Medicine Resident presents at international Society for Research on Nicotine and Tobacco Meeting in Florence, Italy, 8-11 March 2017

**LCDR Raj Singaraju** got a chance to practice his language skills in Italy, where he presented two abstracts:

“Behavioral Models as Sensitizing Concepts in U.S. Service Members’ Tobacco Use”

“Tobacco Rights and Behavioral Modification.”

Excellent and impressive work, Raj! We hope it helped you craft further moves in your overall mission against smoking within the DoD.

Thank you to Team DOM GME Admin and others for helping to make this happen!

**INFECTIOUS DISEASE**

**2nd Year ID Fellow Receives Young Investigator Award**

LT Christie Joya - 2nd year ID fellow presented "Low Level Viremia is Associated with Virologic Failure in a Large Military Cohort." Presented at Conference on Retroviruses and Opportunistic Infections (CROI), February 2017, Seattle, WA and also received a highly competitive Young Investigator Award.

CROI is a global model of collaborative science and the premier international venue for bridging basic and clinical investigation to clinical practice in the field of HIV and related viruses.

Click here to view the Poster
INTERNAL MEDICINE

Outstanding Work and Unity of Effort!

Alliance for Academic Internal Medicine (AAIM) Conference 2017

Faculty-Resident Duo Present Education Innovation Poster

Dr. Julie Chen (Associate Program Director, Internal Medicine) and CPT Joe Maciuba (Internal Medicine, PGY-3) presented a poster abstract, “Impact of the Flipped Classroom and Improved Women’s Health Curriculum in a 4+1 Block Schedule Resident Clinic.” The conference was held Mar. 19-22, 2017 in Baltimore.

At the 2017 Academic Internal Medicine Week, Drs. Chen and Maciuba presented their work on a contraception study done in the resident continuity clinic. One year after implementation of a women’s health component in the ambulatory curriculum, including a Nexplanon™ training session, the IM residents’ self-assessment of their skills in prescribing contraception, and their perception of the importance of contraceptive counseling improved significantly. The poster generated much interest from IM programs around the country.

Congratulations, Julie and Joe!

AAIM Chief Residents Meeting Workshop

LTC Jess Edison, Walter Reed Bethesda Rheumatology Program Director presented a workshop with LTC Patty Short (IM Program Director at Madigan Army Medical Center) and LTC George Mount (Deputy Director of GME at Madigan Army Medical Center). The workshop was on “Common Chief Resident Mistakes” at the Association of Program Directors in Internal Medicine Chief Resident meeting during AAIM Week.

USU Department of Medicine shines at AAIM Week!

During the imbedded Clerkship Directors in Internal Medicine (CDIM) Meeting, COL Jeff LaRochelle (Director Integrated Clinical Skills, Associate Professor of Medicine, USUHS) moderated a Plenary Session, and Dr. Louis Pangaro (Medicine Chair, USUHS) was on a panel for the CDIM President’s Plenary Session II on the second day.

Drs. Paul Hemmer (Professor of Medicine, Vice Chair for Educational Programs, DOM, USUHS) and Lou Pangaro, delivered a valuable workshop, “Letters for Academic Promotion: It’s about Evaluation, Not Recommendation.”

LCDR Mary Andrews (Assistant Clerkship Director, USUHS) and COL Bill Kelly (Clerkship Director, USUHS), delivered a workshop on Self-regulated Learning Theory and Difficult Test-taking— “Why Does Your Learner Score Poorly on Tests? Using Self-Regulated Learning Theory to Diagnose the Problem and Implement Solutions.”

Fantastic Four

Drs. Bill Kelly1, Paul Hemmer1, Louis Pangaro2 and Eric Meyer2, Departments of Medicine1 and Psychiatry2, Uniformed Services University, delivered a practical workshop on existing frameworks for grading clerkship students, developing mapping of RIME and EPAs and reviewing outcome data, and develop a plan for needed future studies in “Embracing Complexity, but Acting with Simplicity – Grading Frameworks, EPAs, and RIME.”

Society of General Internal Medicine (SGIM) 2017

Resilience & Grit, Pursuing Organizational Change & Preventing Burnout in GIM

Internal Medicine Interns LT Tanner Slayden, LT Kristin Mangalindan, LT Kyle Keinath, and CPT Abhi Chandel, congratulations on your clinical vignette presentations at the 2017 SGIM Annual Meeting, April 19-22 in Washington, DC:

“A Legion of CK: Legionella pneumonia presenting as rhabdomyolysis-induced acute renal failure” (LT Slayden with IM PGY-3 MAJ Jason Unger and Asst. IM PD Dr. Chin Hee Kim)

“Utility of Cardiac Magnetic Resonance Imaging in Patients with Hypertrophic Cardiomyopathy” (LT Mangalindan with Cardiology Staff LTC Eddie Hulten)

“An Indecisive Thyroid” (LT Keinath with IM Associate PD Dr. Joan Ritter)

“A Congenital Unilateral Pulmonary Vein Atresia in a Young Adult” (CPT Chandel with IM PGY-3 CPT Cynthia Philip and MAJ Amanda Duttlinger)
Endocrinology Work Ethic Reflected in Dozens of Research and Educational Initiatives

Dedicated and hard-working Endocrinology staff and fellows recently completed dozens of impressive and distinguished peer-reviewed articles, research protocols, presentations and lectures.

Peer-review Article Publications:


Shakir KMM, Hoang TD, Elgin-Steffens DU, Mai VQ, Clyde PW. “Modified Fine Needle Aspiration Biopsy (MFNB) for Calcitonin, Procalcitonin and Carcinoembryonic antigen levels in the diagnosis of thyroid nodules with medullary thyroid carcinoma (MTC).” Journal of Endocrinology and Metabolism (JEM). Accepted for publication.

Hoang TD, Mai VQ, Shakir KMM. “Intractable diarrhea masking the diagnosis of medullary thyroid cancer.” Endocrine Practice. 2017 (accepted for publication).

Shin T, Hoang TD, Chi SW, Mai VQ, Shakir KMM. “Metastatic moderately differentiated neuroendocrine carcinoma of the larynx mimicking medullary thyroid cancer.” Endocrine Practice. 2017 (accepted for publication).


New Exciting, Military-relevant Research Protocols From the Endocrine Division:

“Autoimmune Disease in Active Duty Service Members with TBI Before and After Exposure to Blast” investigates blast injuries as precipitating autoimmune endocrine disease. (Retrospective Study)

“Effects of hormone therapies (testosterone or estrogen) in active duty service members with hypogonadism, transgender MTF and transgender FTM”. This study will focus on bone mineral density, body composition, muscle strength, physical training scores, QOL, fractures and neurocognitive testing. (Prospective Study)

“Incidence, risk factors and impact on military readiness of stress fractures in the active duty population”. This study will assess how common stress fractures are in our active duty population on profiles/non-deployable status, what risk factors these patients hold and what impact this has on readiness, as defined as ability to take APFT and deploy. (Retrospective Study)

Endocrine Society Annual Meeting, Orlando, FL, 2017


Continued on next page...
ALLERGY /IMMUNOLOGY
Cultivating our Trainees

NCC Allergy/Immunology Fellows Win High Marks at AAAI Conference!

The NCC had an incredible showing at the American Academy of Allergy, Asthma and Immunology (AAAAI) Conference and Military Allergy and Immunology Symposium in Atlanta, GA on Mar. 2-7, 2017.

CPT Amanda Long, a first-year NCC Allergy/Immunology fellow, was awarded 1st Place in the case report competition for her oral presentation of “Autoimmune Progesterone Dermatitis: Pearls and Pitfalls of Diagnosis and Management”

CPT Camellia Hernandez, second-year NCC Allergy/Immunology fellow, received 2nd Place for oral presentation of “Anaphylaxis: How Sweet It Is!”

CPT(P) Jeannie Bay, another second-year NCC Allergy/Immunology fellow, won 2nd Place in the fellow original research competition for her oral presentation entitled, “Hymenoptera Venom Hypersensitivity Evaluation (HVHE): Preliminary Results from a Prospective Study Comparing Skin and In Vitro Testing”.

LT Richard Wu, USPHS (NCC IM intern), has been an active investigator on this research project, and he participated in the AAAAI General Meeting poster presentation of the group’s data. During the poster presentation, LT Wu had the chance to discuss his research with Dr. David Golden, renowned allergy and immunology venom expert. A huge accomplishment for all involved, including the research mentors who helped to cultivate the trainees' roles as clinician-scientists!

Allergy Strong!

-dr.p.-
Maureen M. Petersen, MD
NCC Allergy/Immunology Fellowship Director

A Note of Appreciation to Internal Medicine Staff

Here is a note of appreciation to the Internal Medicine Administrators, who work so diligently to ensure our GME trainees receive the funding they need to pursue their dreams and hard work:

Internal Medicine GME Staff,

Just wanted to say thank you for providing me the opportunity to attend the AAAAI conference in Atlanta this year. It was a great experience and I was able to present our research project to Dr. David Golden, one of the esteemed authors on several Allergy Practice Parameters. We are in the works of having him come to Walter Reed to provide another talk.

Very Respectfully,

LT Rich Wu
NCC Internal Medicine Resident

Also, on page 13, see recent publication by CPT Camellia Hernandez that has had national impact.
NEPHROLOGY

Faculty Publication and Fellow Posters

First Year Nephrology Fellow CPT Maurice Khayat presented poster at the American Society of Nephrology annual meeting in November 2016:


Second Year Nephrology Fellow, Capt. Evan Fisher presented a poster at the American Society of Nephrology annual meeting in November 2016.

Title of poster with Authors: "Improved Pre-ESRD Care among Dialysis Patients in the U.S. Military Health System" Fisher, E; Yuan, CM; Agadoa, LY; Abbott, KC; Nee, R

Publication by Nephrology Faculty on integration of quality improvement education into Nephrology curriculum.


LTC Lisa Prince is the Program Director for Nephrology Fellowship, WRNMMC and Assistant Professor, Department of Medicine, USUHS; Dr. Yuan is the Associate Program Director.

DERMATOLOGY

75th Annual American Academy of Dermatology Conference
Orlando, FL (March 2017)

CPT Rachel Cunningham and CPT Kara Hoverson-LAD/DRESS present their work on a rare disease

Linear IgA Bullous Dermatosis (LABD) is a rare blistering disease involving both skin and mucosal membranes. Drug-induced LABD is associated with antibiotics, non-steroidal anti-inflammatory and anti-hypertensive medications. Although rarely seen together, some of the medications associated with LABD can lead to the syndrome Drug Reaction with Eosinophilia and Systemic Symptoms (DRESS), which presents with fever, cutaneous eruption and multi organ involvement. We present a case of 61-year-old female with three days of fever and generalized vesiculobullous eruption on trunk, extremities and oral mucosa. She additionally had elevated liver function tests, leukocytosis and eosinophilia concerning for DRESS given recent addition of meloxicam and amiodipine to her medication regimen. Punch biopsy of the skin with additional direct immunofluorescence (DIF) confirmed LABD. Meloxicam and amiodipine were discontinued and patient improved with prolonged steroid course with addition of dapsone.

Hot off the Presses

Congratulations to LCDR John Childs, who was just selected as the new Program Director for the NCC Dermatologic Pathology Fellowship, effective 1 July 2107. LCDR Childs takes over for COL Michael Royer, who had been the PD for the last six years.
High Caliber Graduate Medical Education Program at WRB Pays Off for Residents, Faculty and Fellows

There were four American College of Physicians (ACP) meetings held between January and March 2017:
1. ACP US Navy Chapter, Norfolk, VA (13-14 JAN—see p. 8),
2. Maryland ACP Chapter, Ellicott City, MD (17-18 FEB—p. 9),
3. ACP Steps to Success Meeting for Medical Students, Harbor Hospital, Baltimore, MD (4 MAR—p. 10), and
4. Internal Medicine 2017 national ACP meeting, San Diego, CA (30 MAR – 1 APR—pp. 10 - 11).

Thank you LCDR Brett Sadowski, one of our honorable and hard working Chief of Residents, for compiling the ACP write-ups.

Far flung and close knit - Navy Internists from across the globe meet to exchange experiences and knowledge

WRB Residency Produced 25 Outstanding Poster Presentations and Take 6 of 7 Competitive Awards at Navy ACP

American College of Physicians (ACP) US Navy Chapter, Norfolk, VA

On 13-14 JAN in Norfolk, the Navy Chapter of the ACP held its annual meeting, bringing together Navy internists from across the globe in a fantastic forum to exchange experiences and knowledge. The residency was well represented, producing outstanding podium presentations from LT Sara Robinson (1st Place, Research) and LT Jeff Gray (close 2nd Place, Clinical Vignette), with Sara winning the resident research competition for her team’s quality improvement work to reduce unnecessary lab testing on the inpatient wards.

Additionally, the program produced 25 poster presentations, sweeping these awards. LTs Paul Happel, Serennah Harding, and Kyle Keinath won 1st, 2nd and 3rd place, respectively, in the clinical vignette poster competitions. LCDR Raj Singaraju and LT Pat Moon won 1st and 2nd for research/PI poster.

LTs Ben Kurth, Paul Happel, and Jeff Gray dominated the Doctors Dilemma competition, earning berth at National ACP meeting in San Diego (see below).

Chief Resident LT Brett Sadowski spoke on the results of the new “Nighthawk” patient safety initiatives that he and Hector Medina led, which was further highlighted by CPT Medina as a competitive podium presentation at the Society of General Internal Medicine meeting in Washington, DC in April.

Each year the chapter’s award committee accepts nominations for chapter awards presented at the annual meeting. Additionally, each program director has the opportunity to select a faculty and resident to receive an MTF specific staff or resident of the year award.

WRNMMC:

Resident Teacher of the Year: LT Jeannette Collins
Staff Teacher of the Year: CDR(Sel) Andy Philip

You can see the recap from the Navy Chapter Meeting in Norfolk at: https://www.acponline.org/about-acp/chapters-regions/us-armed-forces/u-s-navy-chapter/us-navy-governors-newsletter-january-2017

Continued on next page
Maryland Chapter Meeting of the ACP in Ellicott City, MD
Continued from previous page

Talks, Doctors Dilemma Army and Navy Teams, and Walter Reed ‘IronMED’ draws Residents and Students

Walter Reed Medicine collaborated with internists across the state on 17-18 FEB at the Maryland Chapter Meeting of the ACP. 
LTC Dawn Torres gave a talk highlighting key points in evaluation and management of NASH and COL(ret) Paul Pasquina, Dept. of Physical Medicine and Rehabilitation, discussed key features of approaches to back pain in primary care. Additionally, two resident Doctor’s Dilemma teams representing the Army (CPTs Joe Maciuba, Jed Mangal, Carlie Cerne and Natalie Mitchell) and Navy (LTS Ben Kurth, Paul Happel, Greg Czaja and Jeff Gray) competed against eight other programs, with the Navy team coming in 3rd place. Finally, the growing tradition of the Walter Reed IRON MED medical knowledge challenge continued through the efforts of Alison Lane and Jeff Gray with over 60 resident and faculty participants.

Congratulations to everyone who participated in the Maryland Chapter Meeting presentations and competitions, and a big applause for the Doctors Dilemma NAVY TEAM for earning 3rd Place in their warm-up for the National Finals!

Interesting Note: Dr. Ben Kurth competed against his ‘better half,’ Dr. Atena Kamali (Johns Hopkins - Bayview), in the first round of the Doctor’s Dilemma competition.

Click here to see the 2017 Doctor’s Dilemma and Walter Reed Iron Med competitions recap.

Click here to see the meeting presentations, including those by Dr. Torres and Dr. Pasquina from Walter Reed.

WRB Residency Produced 25 Outstanding Poster Presentations and Take 6 of 7 Competitive Awards at Navy ACP
Continued from previous page

Navy ACP Abstract Winners

POSTERS
Resident Research:

2nd Place - LT Pat Moon - “Developing a Mobile Health Application to Improve Clinic Flow”

RESIDENT CLINICAL VIGNETTE:

1st Place - LT J. Paul Happel - “Cardiac Amyloidosis with Recurrent Orthostatic Hypotension and Presyncope”

2nd Place - LT Serennah Harding - “Malignant Pericardial Effusion as the Sole Manifestation of Relapsed Multiple Myeloma”

3rd Place - LT Kyle Keinath - “Flank Pain: A Trojan Horse”

PODIUM

1st Place - LT Sara Robinson - “High Value Cost Conscious Care: Multiple Interventions for Sustainable Reduction of Unnecessary Diagnostic Tests”

2nd Place - LT Jeffrey Gray - “Bio-Prosthetic Valve Dehiscence”
Meeting for students interested in careers in internal medicine

"Thanks" and Winner Announcements Regarding Steps to Success Meeting

Thanks to Alison Lane and Jeff Gray (Internal Medicine, PGY-3 and PGY-1) for another great “Walter Reed Iron Med” competition and LCDR Mary Andrews, USU Faculty for conducting the "Military Match” breakout group at the American College of Physicians (ACP) "Steps to Success" meeting for students interested in careers in internal medicine. The meeting was hosted at Harbor Hospital in Baltimore, MD jointly by the Maryland, DC, Virginia, Navy, Army and Air Force Chapters. While we didn’t have a lot of Military students partly due to a conflict with the USU Spring Break, I think we had some quality interest, including the two first year USU students who held up quite well against more experienced competition to make the final round of the "Student Dilemma" competition, tying for 3rd place out of 8 teams overall.

Alison and Jeff, thanks for your initiative in delivering another awesome Walter Reed "Iron Med" competition, and helping to keep the joy in medicine!

V/r,
Bill Shimeall

American College of Physicians (ACP) Internal Medicine 2017 Scientific Meeting (30 March – 1 April), San Diego, CA

2017 American College of Physicians Doctor’s Dilemma® Competition (also known as Medical Jeopardy) was held at the Internal Medicine 2017 Scientific Meeting

Walter Reed Bethesda (Navy) was one of 50 teams to compete from around the world for the world title. They dominated their first round, advancing to the elimination semifinal round of 20 teams before losing in a tight second round contest.

Dr. Lazarus is a past Governor of our chapter and a Master of the ACP. She is Professor of Medicine at Uniformed Services University of Health Sciences and current Staff Pulmonologist at Walter Reed Bethesda. She has also previously served as Program Director and Director of Medical Services at National Naval Medical Center.

Dr. Bennett has spent more than 50 years as long-term Director of the Infectious Disease Training program and researcher in fungal diseases at the National Institutes of Health. He continues now in his 80s as Chief of the Clinical Mycology Section and Associate Program Director at NIH and as adjunct Professor of Medicine at USUHS. He attends regularly on the infectious disease service at Walter Reed Bethesda.

Dr. Angeline Lazarus and CAPT Bill Shimeall

The meeting included the ACP Convocation and Awards Ceremony on the first day, where the National Awards were announced:

Dr. Angeline Lazarus, CAPT (ret), MC, USN and Dr. John Bennett (NIH) Receive Jane F. Desforges Distinguished Teacher Award from American College of Physicians (ACP)

The Desforges Award is bestowed upon a Fellow or Master of the College who has demonstrated the ennobling qualities of a great teacher as judged by the acclaim and accomplishments of former students who have been inspired and have achieved positions of leadership in the field of medical education, primarily as teachers.

LCDR Mary Andrews (USU Department of Medicine) and CAPT Bill Shimeall (Program Director NCC-IM) led the Armed Forces Match break-out group at the meeting.

Link to Student Steps Photos (complements of Stephen Sisson, MD, FACP, Maryland ACP Chapter Governor):
https://learning.usuhs.edu/x/fUt2Mn

Link to 2017 Medical Students Steps to Success recap:
https://www.acponline.org/about-acp/chapters-regions/united-states/maryland-chapter/meetings-and-events/2017-medical-students-steps-to-success-recap
Young Achiever Recognition

National ACP Internal Medicine Meeting 2017 in San Diego, California

Congratulations CPT Natalie Mitchell (Internal Medicine, PGY-1) for getting your abstract titled “Lemierre’s Syndrome of the Gut?” selected by the Abstract Review Board for presentation as a poster finalist of the National Abstract Competition. On Mar. 30, CPT Mitchell’s poster was judged on-site during The Resident/Fellow - Clinical Vignette poster competition at the ACP Internal Medicine 2017 Meeting in San Diego. Thank you Dr. Jessica Logan and Dr. Tom Mellor for working with Natalie.

CPT Mitchell was also honored as a Young Achiever recognition. She and her peers were also included in various functions to recognize their hard work and achievements.

Also, THANK YOU Team DOM GME Admin for working behind the scenes so tirelessly for everyone’s funding and travel logistics.

ACP winners of National Abstract Competitions display work virtually at the National ACP Meeting

Continued from previous page

Congratulations to CPT Adam Barelski, Walter Reed Bethesda Staff Internist and Assistant IM Program Director, for his selection as abstract winner in the ACP Early Career Physician competition. CPT Barelski and the other winners of the national abstract competitions were honored during Internal Medicine 2017, ACP’s annual scientific meeting that took place March 30 - April 1 in San Diego. The competitions were open to ACP Early Career Physician Members, ACP Resident/Fellow Members and Medical Students Members. They were selected in one of five categories: basic research, clinical research, quality improvement-patient safety, high value care and clinical vignettes.

Nearly 150,000 internal medicine physicians, subspecialists and medical students are members of ACP—the largest medical specialty organization in the U.S. and largest group of Internists in the world!

His work was displayed as an e-Poster at ACP Internal Medicine 2017 meeting, San Diego.

https://www.acponline.org/acp-newsroom/acp-announces-winners-of-national-abstract-competitions

On Thursday, March 30, Dr. Joan Ritter (IM Associate Program Director) delivered her talk on common foot disorders, “Best Foot Forward: Common Foot complaints that Walk into the Office”, during the Internal Medicine Meeting in San Diego. Dr. Ritter shared lessons learned treating soldiers and sailors who “exercise for a living.”

You can see the press announcement in the Internal Medicine News Mar. 31, 2017 for video interviews of Dr. Ritter about foot and ankle care, go to the following link:

http://www.acpinternist.org/immeeting/archives/2017/03/31/1.htm

Additionally, throughout the National ACP Meeting in San Diego, IM Faculty including Drs. Julie Chen, Joan Ritter and Kim Gibson as well as Sports Medicine faculty Dr. Jeff Leggitt presented a recurring skills workshop entitled “Common Disorders of the Foot and Ankle” in the Waxman Clinical Skills Center, presenting in a total of four separate workshop sessions. The workshop was an invited presentation by the ACP this year due to positive feedback from last year’s presentation at the same meeting.

Dr. Julie Chen running a workshop
INTERNAL MEDICINE

Art and Self Reflection

One of our residents, Stacey McClintick, shared the human dimension of doctoring through her submission to Reflective MedEd

"Seeing" the Doctor: Depicting the Physician's Self-Identity"

By Stacey McClintick

“What do you want to be when you grow up? Do I even have to? Can I cry now? Can I show who I am? I can only hope you will understand and be able to take away from me all that I have... because that is what I want to give.

I am not who you think I am. Strong on the outside... an unstoppable ramble of insecurity, Inquisitiveness and love on the inside. I am a mom...a wife, a soldier, a sister, an engineer, a daughter, a student doctor, a neighbor, a college student, a carpool mom, an artist... my own self gets lost behind all these things.

I lost “rank” to save my kids and my husband, but out of curiosity and hope for challenges and to experience life, I have gained so much more. But it hurts sometimes to not be recognized in my current position for the experiences I have had.

At the same time it is hard to focus on the facts in medicine when the very curiosity of life which pulled me in persistently tries to pull me away. ADHD? Maybe... I have never given up... is that my downfall?..."

To read the full publication: https://reflectivemeded.org/2017/03/07/seeing-the-doctor-depicting-the-physicians-self-identity/

This article was published with Reflective MedEd - Dedicated to reflective pedagogy and care of the person in medical education

About Reflective MedEd

"Reflective MedEd is dedicated to reflective practice in medical education and care of the person. We publish contributions that offer insight and illumination into the experience of educating the next generation of physicians. We welcome the thoughts of educators, patients, and all who foster awareness of the human dimension of doctoring and develop advocates for the just and equitable treatment of all patients. This blog seeks to support and nurture the soul of medical education in an age all too often dominated by mere quantification."

To learn more: https://reflectivemeded.org/about/

Stacey, Congratulations on your accepted submission, and thank you for sharing your art and reflection in this forum.

Stephen, MD

Stacey McClintick, MD is a graduate of the Uniformed Services University of the Health Sciences and is currently in the Internal Medicine residency program at Walter Reed National Military Medical Center in Bethesda, MD. Prior to medical school, she served as a Combat Engineer officer in the U.S. Marine Corps and worked for Abbott Labs as a medical device engineer.

Team Effort

Regional Award Winning Project

Sustainable Change Saves Hundreds of Thousands of Dollars

Congratulations LT Brett Sadowski on your recent publication in The American Journal of Medicine to help further promote “High-Value Cost-Conscious Care.” An incredible team effort!

Overview:

Over the last three years, through the quality improvement curriculum run by Dr. Chin Hee Kim and sponsored by the residency program, nine trainees spanning the classes of 2015-2020 have taken part in this project.

To date, three Plan-Do-Study-Act cycles have been performed with same cost-conscious goal in mind.

This is the first publication describing the results of a local and regional award-winning project composed of serial initiatives designed to limit the rate of unnecessary routine lab tests. The project has led to sustainable change in rates of indefinite ordering on medicine services, saving hundreds of thousands of dollars.

Success of the project should serve as an example of how residents can be involved in quality improvement initiatives and make a difference for their patients, program and medical center overall.

**IM Graduates Excel in Fellowship**

**IMMUNOLOGY**

One of our second year fellows, CPT Camellia Hernandez, worked hard to publish this article, which already has national impact.

As stated in the article: Allergen immunotherapy extracts are prepared based on the recommendations of 4 guiding documents: 1) the Allergen Immunotherapy Extraction Preparation Manual, 2) the Revised 797 US Pharmaceutical (USP) Compounding Guidelines, 3) the Food and Drug Administration’s Guidelines for Mixing, Diluting, or Repackaging Biological Products, and 4) the allergen extract package inserts. In 2006, the USP Compounding Guidelines were changed and an exception was allotted for allergen extracts such that allergen extracts were not subject to the personnel, environmental, and storage requirements as other compounded sterile preparations when certain criteria were met. In September 2015, the USP proposed revoking all exceptions. This change has raised significant concerns regarding the availability of AIT to the general population and highlights the importance of rigorously evaluating the safety of our current AIT practice. There are only 2 published articles that reported on monitoring bacteriostasis in allergen extract mixing; however, in these studies, the extracts were not prepared in accordance with the current mixing guidelines and cultures were performed on a limited set of vials. To validate our current vial preparation practice, we report the results of 15 years of bacterial and mold cultures performed on 12,209 AIT prescription vials.

**Impacting Policy on a National Scale**

“Today I had the opportunity to participate in a USP roundtable on your behalf along with multiple leaders in the field. The data, context and information was extremely well received. As follow-on conversations ensue, there should be additional opportunities for research and sharing of lessons learned. Congratulations to all.”

**Perseverance**

LT Joseph (Paul) Happel - Congratulations on seeing this through to completion!

LT Happel published this case report in Anesthesia & Analgesia Case Reports, something he had been working on as an intern, “oh so many years ago (before I saw the light).” It’s a tier 1 journal.


**Abstract**

We report the case of a 35-year-old woman who developed severe right-sided hemiplegia and hemisensory loss shortly after emergence from general anesthesia for a laparoscopic cholecystectomy. Her medical history was significant for migraine with aura and a family history of transient hemiparesis thought to be a result of a transient ischemic attack. The patient’s deficits slowly resolved, and she was ultimately diagnosed with familial hemiplegic migraine after a negative workup for cerebrovascular accidents. PMID: 28045726 DOI: 10.1213/XAA.0000000000000454

To read the full article:

**IM Residents—Did You Publish or Present a Poster?**

Help us capture all of your hard work and brilliance (for CCC tracking purposes...and bragging rights!) by entering the title and date in Sakai (go to main page and then click ‘research’ and then follow the instructions on that page. Sometimes it doesn’t work on the government computers but the platform is functional when not behind the firewall. – Thanks in advance!! (Please contact LT Brett Sadowski brett.w.sadowski.mil@mail.mil with any questions)
Residency Retreat

Walter Reed Bethesda Department of Medicine Holds Annual Internal Medicine Residency Retreat

There was a strong showing for the annual retreat. Over one hundred attendees. They care. It was evident from the start that they came to invest their time and energy to help inspire and guide improvements for the following year’s Residency program.

Internal Medicine’s GME Program Director CAPT Bill Shimeall kicked off the retreat with a warm welcome and overview of the previous year. He was followed by next year’s Chiefs of Residents, LT Thomas Mellor and CPT Sarah Ordway, and the IM GME Assistant Program Director, Dr. Joan Ritter, who all shared their terrific humor in their presentations. We were also privileged to have a very special guest, Dr. Richard Simons, Senior Associate Dean for MD Programs and Professor of Medicine at The George Washington University School of Medicine and Health Sciences. Dr. Simons gave the Plenary Address. He got the audience involved in his discussion about “Critical Thinking: Implications for? Clinical Practice & Medical Education.”

One critical piece of information and question Dr. Simons shared during his talk on Critical Thinking was that “75% of diagnostic failures can be attributed to physician thinking failure,” so he asked, with everything doctors are required to do, “How do we slow down to think?” To view the presentation: https://learning.usuhs.edu/x/M2CCWM

During breakout sessions, teams of staff residents and faculty, discussed various program areas and reported out to the larger group to share summaries of their recommendations to continue a strong residency program in the coming year.

We had three other terrific speakers, LTC Brian Hemmann, Chief of Medicine, spoke about the Vision and Mission for GME as it relates to the larger Department of Medicine. Dr. Louis Pangaro, Medicine Department Chair, USUHS, highlighted USUHS Department of Medicine Faculty promotions over the last year (see on page 19 for two of the most recent promotions, under Halls, Farewells and Promotions), and presented some well-deserved Leonard awards (Leonard Awards also highlighted on page 17), Dr. Kathy Picho, Senior Research Associate at USUHS, talked about a USU Clinical Reasoning Study.

FAREWELL

We ended the Retreat with a heartfelt farewell to our beloved SGT David Firth, who has served us all with the utmost compassion and diligence. Thank you, David for all you have done to support the Residency Program, and the individuals of the department. You will be missed. And good luck in your new duty station. (See Halls and Farewells for photos of SSG Firth’s last day and Farewell celebration.)

As if that were not enough, many of the attendees headed out to a social event after the retreat! Pure team building.

THANK YOU

On behalf of IMREC, we would like to thank everyone who helped plan and coordinate the retreat (too many to name), as well as the IM GME administrators for coordinating and setting up a delicious and wonderfully-displayed continental breakfast and lunch. We’d also like to thank the USO Family and Warrior Center for allowing us to use their beautiful facility and the USO staff and volunteers for helping everything run so seamlessly. Finally, thank you to all of those who were covering for the providers back at the hospital so we could meet for this one-day retreat.

IM GME –Who We Are

74 Residents
31 Army, 40 Navy, 1 AF, 2 USPHS
5 combined Medicine-Psychiatry (and growing)
DoM co-sponsors 30 Transitional Interns
12 Fellowships – 80+ Fellows (separate retreats)
150+ high quality, invested clinical faculty
USU, DCVA, FB, WRAIR, FDA, NIH, BUMED. Etc.
Virginia HC, Washington HC, INOVA Fairfax
Incredible administrators & clinical support staff

Mission:
Guide the next generation of military leaders in clinical care, research, and medical education, preparing you to meet tomorrow’s challenges in military and civilian healthcare

People first, Mission always
Treat everyone with dignity and respect
Do the right thing, even when it’s not easy
Work as a team with oneness of purpose
Communicate with clarity
Be an owner”

- RDMIL David Lane, Director of the National Capital Region Medical Directorate

To learn more about the “six F’s,” you can read the full article using this link: https://learning.usuhs.edu/x/gpE4LO (on page 16)
ENDOCRINOLOGY

Unity of Effort

Endocrinology Fellowship hosted exciting visit from NIH

PHOTO: The Department of Endocrinology hosted an exciting visiting professor session! Dr. Michael Collins, a bone expert from the NIH, joined in case discussions on Friday, 3 Mar with the Endocrinology Fellowship Program. Also in attendance were the Pediatric Endocrinology Fellowship Program and Endocrinologists from around the National Capital Area. The session was an educational and networking success! (Dr. Collins is seventh from the right in the blue blazer)

Fellows Teaching IM Residents

In early March, Endocrinology fellows, Dr. Katherine Vu and Dr. Harris Baloch taught Internal Medicine residents on Adrenal disorders.

Dr. Baloch gave a lecture on adrenal incidentaloma, “Cushing’s syndrome, hyperaldosteronism and pheochromocytoma,” and Dr. Vu taught on “Disorders of Adrenocortical Insufficiency.” After the lecture, the residents were divided into two small groups to go over different cases with the Fellows.

GRADUATE MEDICAL EDUCATION

GME Cares

Promising program to help deal more effectively with the daily stresses of our challenging work and training environment.

SMART-R Instructor Course
Stress Management and Resiliency Training for Residents

Housestaff

The GME Department recruited 14 instructor candidates for the Stress Management and Resiliency Training for Residents (SMART-R) Program. Given the high incidence of physician burnout, depression and even suicide in the United States - particularly but certainly not exclusively among GME trainees - GME sees value in offering an effective training paradigm for housestaff that is also applicable to all providers. Although the program is not meant to address specifically depression and suicide, as these are more serious behavioral health issues, the program is designed to help all of us deal more effectively with the daily stresses of our challenging work and training environment in the hopes that we can decrease the overall incidence of burnout amongst housestaff here at WRNMMC.

We will be hosting two of the lead trainers and creators of SMART-R (adapted from a much longer program originally created at the Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital) on Saturday, 3 Jun. Five members of the Department of Medicine, Dr. Julie Chen, LT Andrew Miller, LCDR Jisun Hahn, LT Megha Joshi and CPT Jed Mangal, will be among the 14 instructors being trained on Jun 3. They have also committed to training the 130+ new interns that are arriving for orientation on Saturday, June 24th. We look forward to incorporating this training and methodology into our GME programs!

v/r
Dr. Yu

Clifton E. Yu
COL, MC, USA
Chief, Graduate Medical Education
Walter Reed Bethesda

To learn more about the much longer program originally created at the Benson-Henry Institute for Mind Body Medicine, go to https://www.bensonhenryinstitute.org/3rp

NAVY INTERNAL MEDICINE

Dear Medical Students,
What should you know before making your career decisions?

Here are some answers: https://learning.usuhs.edu/x/h3Dbxu

Joshi and CPT Jed Mangal, will be among the 14 instructors being trained on Jun 3. They have also committed to training the 130+ new interns that are arriving for orientation on Saturday, June 24th. We look forward to incorporating this training and methodology into our GME programs!

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Clifton E. Yu
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“PEOPLE FIRST, MISSION ALWAYS”

Team Provides Patient-Centered Care When It Matters Most

A beautiful note from a family who lost a very young soldier in his battle with cancer...

(Note the text has been de-identified to protect their personal information)

“Hi, Dr. Kwok. This is [the patient’s] dad. It was one month ago today that we left your care following his passing. I wish I had the addresses of everyone at WRNMMC who took care of us during [my son’s] final weeks there. But I don’t. So I’m writing you as surrogate for all of you to say thank you for everything. Please share this with as many others as you can.

You all gave [my son] the attention and medicines he needed to stay with us as long as he could, with as much awareness and alertness as possible. We will be forever grateful for those days, hours and minutes we were able to share with him. Upon his passing, the staff in attendance were very caring and treated us with great empathy. They also prepared [his] body for release in an exceptionally dignified way. While nothing can diminish our sadness at this loss, we will always remember you, Dr. An and everyone else at WRNMMC who watched over us with such care and devotion. Thank you and may God continue to bless your work.”

Father of Soldier

MAJ Kwok, thank you for sharing this heartfelt note and for leading the team in patient-centered care during such an important time for this service member and his family.

“It’s really the rest of the team who should get the credit, though - and from the medicine housestaff, it was Drs Grasso, Banaag, Tunnage, Church (and so many more...!)”

MAJ Mary Kwok
Hematology-Oncology
Murtha Cancer Center, Walter Reed National Military Medical Center Assistant

Excellence Every Day for Every Patient

Internal Medicine Resident applies the same patient-centered care during an urgent need to transfer patient that he does every day.

LCDR Raj Singaraju was formally recognized at the Board of Directors meeting in late February for his help to ensure a patient was transferred seamlessly. Barbara Moidel, Special Assistant for Healthcare Resolutions, Walter Reed National Military Medical Center, led the effort to recognize Raj for his patient-centered care and problem-solving skills.

People First, Mission Always

People first, Mission always
Treat everyone with dignity and respect
Do the right thing, even when it’s not easy
Work as a team with oneness of purpose
Communicate with clarity
Be an owner

- RDML David Lane
Director of the National Capital Region Medical Directorate

“[Raj] will tell you that he did nothing out of the ordinary, and that is exactly my point. It is my belief that this is the standard he sets for himself every day with every patient. The fact that we received a patient after 1700, and we had an ambulance ordered for noon the following day to take him to the appropriate facility was nothing short of amazing.

To others, the coordination LCDR Raj Singaraju performed is seen as most significant for a patient in critical condition who needed urgent attention. Raj took responsibility for ensuring that the patient was expeditiously and appropriately dispositioned in critical condition who needed urgent attention. Raj took responsibility for ensuring that the patient was expeditiously and appropriately dispositioned to a facility where he could receive intensive neurorehabilitation. To the humble Dr. Singaraju, he was just doing his every-day job.”

There was a team effort here as well. Thank you to everyone who helped make the transfer a success, including LaToya Hill and Bob Weiler from patient administration, Dr. Kumar the IM Attending, and the rest of the internal Medicine team.

A Resident Profile - LCDR Raj Singaraju

Raj Singaraju is a 2nd year Resident in Internal Medicine and an emerging leader in Military Medicine who we feel fortunate to have in our training program. Below is a little bit about Raj, which is by no means comprehensive:

LCDR Singaraju is a former Navy Line Officer with experience in Operations, Engineering, Diving Control and as an Anti-Submarine Warfare Instructor. He then earned his medical degree from USU and completed internal medicine internship here at Walter Reed Bethesda in 2012 as a standout intern. He subsequently completed Flight Surgery training and served the Marine Aviation community in Okinawa, Japan first as a Flight Surgeon and then as a Group Surgeon in the 1st Marine Aircraft Wing. There he additionally provided humanitarian relief planning and care for several accidents and natural disasters in the Pacific Theater, including the typhoon Haryana, the sinking of the Korean ferry Sewol, and the 2015 Nepalese earthquake. Amazingly, in addition to his contingency duties and supervision of a medical team of 39 doctors and corpsmen in the care of over 1400 Marines and aviators, Raj took the initiative to successfully complete an MPH via distance learning from Johns Hopkins University during his time in Japan.

Since rejoining the IM program Raj has excelled both clinically and academically. In March he presented two original research abstracts at the international Society for Research on Nicotine & Tobacco conference in Florence, Italy in March. The abstracts separately examined the social determinants and behavioral models in U.S. Service members’ tobacco use patterns in Okinawa, Japan. He continues to lead change and is currently collaborating with one of our pulmonary/critical care fellows on a sweeping innovation proposal for “Required end of life training and documentation” at Walter Reed and NCRMD, which is one of four winning proposals which have emerged from the final rounds of the NCRMD “Shark Tank” style innovations competition, spearheaded by RDML Lane (see December 2016 DOM GME newsletter which highlights this on cover and page 3).

Raj truly exemplifies all that we strive to achieve as a military teaching hospital!
INTERNAL MEDICINE

"Exemplary Role Model"
Honored by Accreditation Council

Internal Medicine Program Director
Awarded Courage to Teach Award

The Accreditation Council for Graduate Medical Education awarded CAPT Bill Shimeall, Internal Medicine Program Director, with the Parker J. Palmer Courage to Teach Award. This award was given to program directors who have fostered innovation and improvement in their residency programs and served as exemplary role models for residents. The honorees were recognized at the educational conference in Orlando, FL in early March.

Walter Reed Bethesda is fortunate to have such a strong role model and program director for our residents, faculty and staff alike. A well-deserved and hard earned award indeed for Dr. Shimeall!

Shout Out!

Research Coordinator helps IM reach unprecedented academic participation around the world!

As research champion for her class Internal Medicine Residency Program, CPT Cynthia Philip has bridged gaps between various divisions with the Department of Medicine to connect residents and fellows with research opportunities. This effort has directly led to residents in our program participating in academic conferences and presenting their work over 70 times at 14 unique meetings around the world in this academic year alone. These rates of success are unprecedented within the program. Her drive to improve the research output of the residency has had an impact on the development of trainees and dissemination of knowledge so that more patients could benefit from the work done at Walter Reed, and is in line with the pillars of the command to include research and education, in support of the patient experience.

Brett Sadowski, MD
Chief Resident, Internal Medicine

CPT Philip is an Internal Medicine Resident.

Shout Outs are submitted via the intranet. The complete Shout Out List can be found at https://www.wrnmmc.intranet.capmed.mil/Cos/SA/lists/Shout%20Out/ShoutOutList.aspx

INFECTIOUS DISEASE

The James J. Leonard Award for Excellence in Teaching Internal Medicine

CAPT Kyle Petersen, USU Dept. of Medicine presents LCDR Kerry Wilson (from ID) with The James Leonard Excellence in Teaching Internal Medicine, awarded by the students at the DC VA hospital.

A Culture of Excellence (ACE) Award

Two Internal Medicine residents recognized for their commitment to excellence!

Congratulations to LT Benjamin Little (PGY-1) and CPT Joshua Tunnage (PGY-1) who each won ACE awards at yesterday’s GIMC all hands meeting.

“ACE is a recognition program that empowers patients, family members, supervisors, co-workers and visitors to recognize our staff’s commitment to excellence as demonstrated by acts of extraordinary service.”

LT Benjamin Little (PGY-1) and CPT Joshua Tunnage (PGY-1)

Congratulations, Ben and Josh! Thank you for your dedication to patient care. Always nice to receive feedback from the folks who are the reason we are here. Strong work!

CAPT Shimeall (middle) stands with LTC Josh Hartzell and Ms. Marla Redmond
HOSPITALISTS

Always a Role Model

Dr. Chin Hee Kim - Providing More for Residents

Chin Hee,

You were double tapped with accolades in two different comments to PD on evaluations recently. We certainly see why you are an “ACP Top Hospitalist” selection...


<and>

“Dr. Kim is by far one of the best attending physicians that I’ve worked with on the wards to date.”

Thanks for everything you do for the residents and the program!

(This anonymous feedback was received through an electronic tool on 1/11/17)

CARDIOLOGY

Walter Reed Bethesda Leads Innovation

WRB Cardiologist/Electrophysiologist Featured on Regional Television Channel for Leadless Pacemakers

On February 16, 2017, Dr. Matthew Needleman was featured on WHAG-TV Channel 25 to explain the leadless pacemakers. He presented during the 7:30 a.m. - 8 a.m. news block; WHAG -TV’s audience includes Hagerstown, MD, Martinsburg West VA, and Winchester, VA.

CDR Matt Needleman is a Walter Reed Cardiologist/Electrophysiologist and Associate Program Director of the Cardiology Fellowship Program

WRB has found that leadless pacemakers enhance mobility and decrease the rate of infection.

Also click here to see how Walter Reed makes new leadless pacemaker available to military patients

INTERNAL MEDICINE

The Heroism of Incremental Care

To our amazing GIMS Providers - newfound appreciation and insight into the power of primary care

“I had the pleasure of listening to an NPR interview last week with the author of a New Yorker article on primary care and felt the need to share it with our amazing GIMS providers. The author is a surgeon who was writing on his newfound appreciation and insight into the power of primary care. I hope you find the time to read it (click here) and that it serves as a reminder, albeit too infrequent, of the power of your chosen specialty; and, if we don’t say it enough, of the value you provide to Walter Reed Bethesda and its patients every day!!!”

- CAPT Moira G. McGuire
DEPARTMENT OF SIMULATION

Lieutenant Colonel Jeffrey Mikita Promoted to the rank of Colonel, United States Army

Faculty Profile

The contributions of LTC Jeffrey Mikita (Co-Chair of the National Capital Region Simulation Consortium, Chief of the Department of Simulation and Program Director of IM/EM Critical Care Medicine Fellowship) speak volumes.

Presentations:


Simulation Olympics Judge for Medical School Team Competition (multiple sessions), International Meeting of the American Association of Medical Students, Alexandria, VA February 24, 2017


Grants:

Primary Investigator, Selected for Funding, INTEL-TEAM JPC-1 grant, $1.2 million over 2 years will investigate optimization among newly formed inter-professional trauma teams

INTERNATIONAL MEDICINE FAREWELL

A BIG HEARTFELT FAREWELL to our friend and colleague, SGT David Firth, (middle bottom row) who has served the Internal Medicine Graduate Medical Education program with the utmost compassion and diligence. Thank you, David, for all you have done to support the Residency Program, and the individuals of the department. You will be missed. Good luck in your new duty station.

National Leadership:

Chair and Army representative, Joint Trauma System Working Group (August 2016-present)

Chair, Federal Medical Simulation Training Consortium (DoD/VA) (elected January 2017)

Vice-Chair, Army Central Simulation Committee Executive Committee (elected February 2017)

Specialty Advisor for Internal Medicine, Army Central Simulation Committee (2009-present)

Army Representative for, Critical Care Knowledge, Skills, and Abilities Development Working Group (selected February 2017)

Chair, Federal Medical Simulation Affinity Group, Society for Simulation in Healthcare (Elected January 2017)

Mentorship of Resident in QI Competition:

LT Symone’ Baker, MD (Transitional Year Internship Program)-Lyne Disease Presenting as Intermittent Third Degree Heart Block

Walter Reed Bethesda Staff Promotions

Department of Medicine USUHS, F. Edward Hébert School of Medicine

Congratulations, Dr. Nee and CDR Needleman, in your recent promotions in February!

Robert Nee, MD, FACP
Nephrology Staff Physician
Associate Professor of Medicine, USUHS

Matthew Needleman, MD
CDR, MC, USN
Cardiology Staff Physician
Associate Professor of Medicine (Primary)/ Associate Professor of Pediatrics (Secondary), USUHS
**Resident Perspectives**

“I’ll Handle That”

Without a doubt, medicine is a complex and often circuitous machine. The fact that thousands of individuals from varying backgrounds can come together to work towards improving health for tens of thousands more is marvelous. Add on top of that the additional layer of complexity that comes with coordinating care in the military system and the challenge is multiplied. With all of these moving pieces, it can be easy for any one of us to lose sight of the big picture. It’s far less daunting to just stay in our lanes and focus on our own pieces of the puzzle, but that’s not always the best thing for the patient. One of the unique privileges of training in internal medicine is the opportunity to close that gap with the patients by coordinating their care. Problems arise all the time that don’t fit into the specific scope of any one specialty and there’s a certain nobility that comes from being able to say, “Don’t worry; I’ll handle that,” when you know that no one else will.

V/r,

Mickey Skaret, MD
LT, MC, USN
PGY-2, Internal Medicine
Walter Reed NMMC, Bethesda

Thank you Mickey for writing this Perspective.

If you are a student, and would like more info/mentorship, please reach out to Dr. Mickey Skaret

**Tradition**

**Army Navy Football**

You might have seen the Army Navy Football game in December, where Army ended its 14-year losing streak to Navy - great game, but Navy came up short, leading to a very short buzz cut for the Navy Chief of Residents.

**Dinner’s On Me**

The Traditional Medical Student Evaluation

Each year, Leadership from USUHS Medical School and the Internal Medicine GME Program enjoy one another’s company during a working dinner to review student evaluations.

Enjoying the annual evaluation reading session (L-R): Dr. Paul Hemmer (Professor of Medicine, Vice Chair for Educational Programs, DOM, USUHS), Dr. Lou Pangaro (Department Chair, DOM, USUHS), COL Bill Kelly (Clerkship Director, USUHS), CAPT Bill Shimeall (Program Director, NCC-IM, WRB), and LT Brett Sadowski and CPT Hector Medina (Co-Chiefs of Residents, IM, WRB)

**Research**

News You Can Use from your Research Education Services Team

Got 15 free minutes? The Department of Research Programs (DRP) and Darnall Medical Library would like to talk to your staff. We’ve got news you can use:

Ms. Lisa P. Thompson will update you on defense policy about research and will review training for researchers.

Ms. Paula Amann will provide a taste of the professional writing workshops she can offer your team.

Dr. Lyubov Tmanova will describe the Research and Scholarly Communication Support services and research-oriented instruction available to scientific community such as writing systematic review collaboration, instruction on writing manuscripts, writing systematic reviews and designing a compelling scientific presentation.

Our goal is to promote research. We’d like to join you annually or every six months, before or after your program meets for didactic or lecture hall sessions. We want to help familiarize your Graduate Medical Education (GME) trainees, faculty, and staff with services to help them complete required research and scholarly projects.

Interested? Please email lisa.p.thompson5.civ@mail.mil to schedule a date and time. Thank you!

Respectfully,
the Research Education Services Team
shared events & deadlines

MAY 2017

Research & Innovation Month Events

Research Symposia I and II
WRB, Memorial Auditorium, Building 2, third floor.
May 9

5th Annual Aware for All
WRB, America Building (Building 19)
May 16, from 1100 to 1400

Spring Research Summit
WRB, Memorial Auditorium (Building 2)
Spring Research Summit RSVP:
https://learning.usuhs.edu/x/Iduj6N
May 24, from 0800 to 1300.

2017 Mulholland-Mohler Residents Meeting
St. Agnes Hospital, 900 S. Caton Avenue, 21229,
Main Entrance and Alagia Auditorium
Click here for more information
MAY 18 , 8:30 AM (Poster set up)

American Thoracic Society (ATS) 2017 International Conference
Washington, DC
May 21

JUNE 2017

SMART-R Instructor Course
(Stress Management and Resiliency Training for Residents)

Instructor Course
Time and Location To Be Determined
Saturday, June 3, 2017
If you have interest, please respond directly to COL Yu, or Drs. Petersen, Liotta and Singla

New Intern Course
Teach the SMART-R course to the incoming group of interns
Time and Location To Be Determined
Saturday June 24, 2017

DC ACP Residents Meeting
Washington Hospital Center, Washington, DC
https://www.acponline.org/about-acp/chapters-regions/united-states/district-of-columbia-chapter/news-meetings
June 3?, 2017

Lampoon
Woman’s Club of Bethesda
https://learning.usuhs.edu/x/bLCRgY
June 9, 2017, from 1800 to 2300

12th UVA Annual Conference of Liver Disease and Gastroenterology
Darden Business School, Charlottesville, VA
https://learning.usuhs.edu/x/hftloA
June 10, 2017

Call for Abstracts for Residents - Army AF ACP (September) 2017
Link to information and regulations for submission of resident abstracts: https://learning.usuhs.edu/x/1nEbCi
June 16, 2017

NCC/WRNMMC Graduation Ceremony
Strathmore Hall, Bethesda, MD
June 23, 1000-1200

1300 on Wednesday (June 21) prior is reserved for graduation rehearsal

To share the incredible things our residents, fellows, administrators, and faculty are doing, contact
Sean Lynch, Editor, at Sean.M.Lynch36.CTR@mail.mil, or (301) 319-4399